

Your Dream Begins Today by Les Brown

What will your life be like when you've achieved your most deeply held dreams? Let's take a look at how you can start living your dreams this very day.

Do you have a dream, a vision of the life you wish to live?

How specific is that dream?

How clear is that vision?

How do you intend to reach it?

What obstacles stand in your way?

Are your fears holding you back or are you using them to move you forward?

Your fears can actually lead you to success. Fear is an intense emotion. But that doesn't mean it has to control you, or even stop you. Fear can prepare you and push you forward just as strongly as it can hold you back. Fear heightens your awareness and increases your physical strength. Fear brings your mind to sharp focus. With all that going for you, does it make sense to just run and hide? Of course not. Fear gets you in shape to take action!

Are you waiting for things to get better before moving ahead? If you're serious about success, you need to start taking action today. If you're waiting for things to be perfect, you'll wait forever and nothing will ever get done.

The way to achieve is to bloom where you're planted, to do what you can, where you are, with what you have. It's easy to think up excuses for not taking action. "If only I had more hours in the day. If only I had a better job. If only I could meet the right person." But excuses won't bring you anything of value. You've got to change your "if only" into an "I will." "I will make better use of my time. I will work on improving my career. I will create and nurture my relationships."

Take a chance. Have faith in yourself. Your circumstances will improve when you make the effort to improve them. Start where you are right now. You have everything it takes to reach for whatever you desire. Stop wishing. Use your time, your energy, your thoughts and efforts to make it happen! You'll be glad you did!