Beware the Dream Stealers by Denis Waitley

Although your own internal measurements are the most important, you will occasionally need to seek external feedback on your progress toward your goals. When you do, be sure it is from people who are truly interested in seeing you succeed. Don't seek feedback from fair-weather friends, competitive peers, or any person who doesn't have your best interests at heart. Neutral doesn't count. Get feedback from someone who is on your side but will still be objective and honest with you.

I've observed time and again that misery truly does love company. Jealousy creates some of the most miserable people I know. Surpass the achievements of your particular social crowd or your business colleagues, and look out for the slings and arrows of those who wish you were back where they are. You have to dodge the snide remarks and catty comments. Let them roll right off you. Don't internalize them.

Only pay attention to feedback from those who have similar goals or who are working actively alongside you to achieve goals of their own. Motives and fears run deep. Study them in others. The sympathetic fairweather friend who supports you and comforts you when you're down, may like you best when you are in just that state: down and dependent.

Ultimately, nobody else is responsible for your life but you. Nobody else is accountable for your actions but you. Therefore, nobody's expectations for you and opinions about you are as important as your own. So make sure those take precedence in your mind over all others, and if you do need to consult with someone else, think very carefully before you choose exactly who.

Equally important, be prepared to sell your ideas to an indifferent world. As passionate as you are about your business and the fact that your products and services will have positive, life-changing benefits to everyone you meet, you are going to find resistance every time you tell your story.

People are most interested in their own dreams and goals. They have difficulty believing that you have found a better way than they have to reach them. They are suspicious and guarded when anyone tries to sell them or change their minds. Rather than have others steal your dreams by raining on them, ask questions and find out about their dreams before you launch into your sermon. People buy what they want first, then what they need. Find what turns them on. It may not be what turns you on. By helping others get what they want, you'll get what you want too!